



A Journey of Resilience, Leadership, and Empowerment

Sahil Hussain Bughio's Story

Sahil Hussain Bughio — Professional, Advocate, and Disability Rights Leader

Sahil Hussain Bughio's journey is an inspiring story of resilience, professional excellence, and community leadership. Born with Phocomelia, he successfully completed his MBA and established a solid professional background, bringing five years of experience in the banking sector and two years in the government sector.

A pivotal moment in his advocacy journey came through the guidance of key mentors, including Mr. Jawaid Rais, Founder and President of the Pakistan Independent Living Centre (PILC), and Mr. Ghulam Nabi Nizamani (ASHA), who introduced him to disability rights, accessibility, and legislation. This was a turning point in his life. Sahil left his job and dedicated his life to the disability movement.

Building on this foundation, Sahil expanded his influence by serving as Vice President of PILC and playing a leading role in chartering the Rotary Club of Disability Alliance Pakistan, the country's first Rotary Club specifically for persons with disabilities, where he serves as President for the 2026–27 term.

Through national and international motivational speaking, accessibility advocacy, and the implementation of the Sindh Empowerment of Persons with Disabilities Act, 2018, his life demonstrates how lived experience, education, and dedicated mentorship can transform personal challenges into a lasting legacy of empowerment, inclusion, and independent living for persons with disabilities in Pakistan and beyond.

"From lived experience to leadership — turning barriers into opportunities for inclusion and independent living."

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